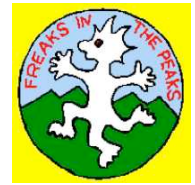




# FREAKS IN THE PEAKS DANCES

<http://www.freaksinthepeaks.com>





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# California

**stick dance for 6 plus any number of pairs**

Tune: Off to California A(AB)ad infinitum,

*quite slow music - a long and complicated dance*

*Long sticks stepping - 1 hop, 2 hop, surge.*

*Stepping: 2 singles and a double, with a surge on the double. 4 in a set "onstage" while other pairs line up "offstage"*

**1. STICKING** - **butts** (on ground) **tips** (on ground) **throw** (vertical stick, simultaneously catching partners stick with same hand) and **clash**. **x4**

**2. THOSE 4 Diagonal REEL (4's)** - 1 & 4 back out while 2 & 3 start the diagonal reel by passing right in the middle. One full reel back to place.

**3. HEAD DOWN** - all 4 face down, dance down for 16, turn out & back up, bringing next couple in line so as to form set of 6.

**4. MORRIS HEY (6's)** - ends cast out, tops turn sharp, middles follow tops. One full hey, plus 1 & 2 do one extra turn to slink off down to the bottom of the set waiting offstage, leaving 3&4 at the top of a set of 4. - middles up middle

**5. REPEAT** - until the original top couple are again at the top, then in the Head Down, bring everyone back on for one final sticking.

**DANCE OFF** - pairs join up and lead off, following 1 & 2.

Melody

## California - A(AB) ad infinitum

trad

**A - verse**

# Cuckoo's Nest

stick dance for 2 - don't play music too fast

Tune: Cuckoo's Nest A(AAB)x5

*Short sticks, Stepping: single step*

1. **FOOT UP** - 4 steps up, 4 steps back, repeat
  2. **BODY SWING** - Body swing by the right, then by the left
  3. **BACK TO BACK** - 2 stands still while 1 does a 4-step back to back by the right around 2. 1 then stands still while 2 does same. Repeat.
  4. **BUTTS AND TIPS** - clash butts, then tips, Petronella turn (both step 1/4 turn to right, turning over right shoulder, to face up and down set Repeat to face across from opposite's place. Repeat all that back to home.)
  5. **WINDMILLS** - clash sticks, first high, then low, making a big circle with arm. At the same time, circle each other approximately 3 times (it's very quick) back to place.
- CHORUS** - (stepping) 3 clashes, pass by the right and turn to face, repeat 4 times.
- LAST CHORUS** - end facing up, stick horizontal in both hands above head.

## Cuckoo's Nest - A(AAB)x5 Not too fast

### A Chorus



### B Figure



Melodeon Players - suggest using D row - chords are aproximate guide!



# Days of Truce

## stick dance for 8 - music goes fast

Tune: The Lasses of Duns A(AABB) x 4, A

*Long sticks Stepping: single step throughout, except walk the reels*

CHORUS - walk a reel of 4 on the side for 16, then sticking, (middles with nearest ends) clash, pause, clash, pause, 4x clash, alternating forehand and backhand. Repeat sticking.

**1. FACE-OFF** - cross and turn. Pass right, turn right, loop left (as in P on the floor), repeat 3 more times back to place.

CHORUS

**2. CHALLENGE** - 1st corners: in for 2 to meet, clash twice, back off for 4. 2nd corners repeat. Repeat all.

CHORUS

**3. BATTLE** - ends cast 4 steps to meet on side while middles cast to end places. 4 clashes on spot. Original ends 4 steps in to new middle, while original middles cast to new ends (set is now perpendicular to former self). 4 clashes across set. Reverse pattern back into place.

CHORUS

**4. PEACE CIRCLE** - middle 4 make stick-tipi and take 12 steps to circle once c/w (slowly) while **ends circle large and fast ac/w** until middles meet their ends back home. 4 to **change places by left hand**. Repeat in new circle back to place.

CHORUS

End on sticking: second half of sticking is done with partner across set.

Melody

## The Lasses of the Duns

Chorus (Start and End) - Walk the Reel then sticking

Melodeon Players - some Row crossing is necessary!

## Dorset 4 Hand Reel

for 4 - First find a Bridge!

Tune - Dorset 4 Hand Reel A(AABB)x4,

*end on A for swing*

*single steps for verse NB - the A's and B's are repeated and thus the verse and chorus lasts for longer than you may think.*

**Figures (5)**

form a line on a bridge, middles face ends; 16 bars of music (2 A's)

- 1.Walk the Reel - chorus
- 2.Walk the Reel with hands - chorus
- 3.Dance the Reel - chorus
- 4.Dance the Reel with hands - chorus
- 5.Swing Partner

**Chorus. rant step,** middles to each other then turn and step to outsides with 16 bars of music total (2 B's)

Melody

### Dorset Four Hand Reel A(AABB)X4,A

A Verse - Walk, Dance



B Chorus - stepping



## Greenham

(4+ in 2 even lines) (easy)

Tune- Kafoozalum A(ABB) ad infinitum

AKA 'Katie Bairdie'

*Hankies, single step,*

*If you are not sure of this dance (its not taught in workshops), join the end of the line and you get lots of opportunity to watch. It's an easy dance, & very enjoyable.*

1 from each end meets 1 in middle;  
r hands joined rotate c/w x 2, l hands joined rotate ac/w x  
2, separate;  
2 steps to r, 2 steps to l, rotate c/w for 4; (x2)  
1 from each end meets 2 in middle;  
repeat as above;  
progress each side  
etc

Melody

Kafoozalum aka Katie Bairdie A(ABB) ad infinitum

The musical notation is in 4/4 time, G major, and consists of two staves. The first staff has four measures with chords G, D, G, and G D7. The second staff starts with a repeat sign and has four measures with chords G, D7, G, and G D7.



# Lorenz's Butterfly

stick dance for 4

Tune - 'Hornpipe for Mr Moore' A(AB)x3

AKA 'Lorenzos Butterfly'

*Long sticks, single step*

Threaten each other for a few bars; suddenly turn away, walk off and be indifferent; rush in for Chorus

1. **B2B** r across set; advance c/w 2 sides of sq; x2
2. **Clover Leaf**: clockwise dustbin lid; move to centre, grip I wrists, lay sticks over to form sq; 2 x round ac/w; clockwise dustbin lid.
3. **Sod Off**: 1&3, 2&4 sod off up/down set and return; 1&2, 3&4 sod off across set and return.

Chorus: 1&3 butt & chuck 2&4 chuck & butt on ground; (x4)

1&3 cross by r, clash; 2&4 cross by r, clash; (x2)

melody

## Mr Moore's Hornpipe A(AB)X3

[A]



[B]



# Molongo

## stick dance for 8

Tune: Stop the Cavalry A(AB)x6

*Long sticks Stepping: single step throughout except no stepping during chorus and some other times.*

**1. CHESHIRE ROUNDS** - end couples cast and dance round outside and/or up the middle - middles stepping anti-clockwise

CHORUS - stick right, left, partner, partner, turn (middle face ends) repeat sticking X2, turn back to original direction, stick once more.

**2. ENDS AND MIDDLES** - ends cross through middles, out the side and back to place, middles out through ends and back to place.

CHORUS

**3. SWING** - on right diagonal then left diagonal ends jig

CHORUS

**4. STARS** - star at each end, right hand then left hand

CHORUS

**5. MOTORCYCLE HEY** - number 6 starts the sequence, heads towards no. 3, cycle through middle in figure 8 shape, everyone inter-leaves at crossover.

CHORUS

**6. ROUNDS** - circle clockwise, end with sticks up and then dropped in middle.

### Melody

#### Stop the Cavalry A(AB) x6

##### A - Figures



##### B - Chorus - Sticking



# Much Wenlock

stick dance for any multiple of 4

Tune: Much Wenlock AAB(ABB)x5

*Long sticks Stepping: single step throughout*

**CHORUS** - Squire's side (odd numbers) stick (starting forehand and alternating) 1 2 3 4 5 6 7...9...11...13...("..." denotes pause for one beat) and one final strike on 15, overhead as if trying to hit partner's head, while partner protects head with stick held horizontally over it (important). Repeat sticking in opposite role, Bagman's side striking. THEN allemande (or P on the floor): cross right, turn right, loop left, return to meet partner in **body swing** for remaining music, ending up on original side.

**REPEAT CHORUS - NB the chorus comes twice!!!**

**1. STARS** - in sets of 4, clashing in middle every other beat. Twice around in same way.

CHORUS

**2. BACK TO BACK** - by right shoulder, followed immediately by left.

CHORUS

**3. SOD OFF** - everyone turn to own **left** and lines lead off for half the figure then leads back on for other half.

CHORUS

**4. DANCE OFF** - Join up in **pairs**, follow 1 & 2 off

## Much Wenlock A(ABB)x5

*A Chorus - sticking*

*WHACK! WHACK! WHACK! WHACK! over head*

5 *G D G D G*

*B 1st time Allemande, 2nd time Figure*

9 *G C G D*

*1st time Swing 2nd time Figure*

13 *G D G D G*

# Peopleton

## stick dance for 8

### Tune - Bluebell Polka A(AAC)x5

[NB You may find A,B&C sections played in a different sequence!]

*Short sticks, single step*

### Figures (5)

1. **Back 2 Back** across: rt shoulder then lft.
2. **Right Hand Star** in 4s: twice round.
3. **Rounds** in 4s:
4. **Hey on the Side**: middles face ends. Hey back to place.
5. **Back 2 Back in Pairs** on the Side: middles face ends.  
Passing rt shoulder then lft.

**(engine & tender)**

**Ch: (6)** *Strike top and btm x2 with ptnr; rpt with person on side; rpt with ptnr; cross over set striking once with ptnr; rpt all this.*

Bluebell Polka A(AABAACAAB) x 2.5 (5 figures)

**A - Chorus - STICKING**

**B - Figures**

**C - Figures**

This tune is 'swung'. It can be played in a variety of combinations of A's, B's and C's. Freaks (usually) play it so sticking is always with the A music repeated. The keys may be varied from the above, also which is the 'B' and the 'C'.

## Pershore Hanky Dance

hanky dance for 8

Tune: Speed the Plough A(AABB)x4

*not too fast!*

*Stepping: Single step throughout. Hankies down and up*

**1. Cross Over:** pass r, turn r

**2. Into Line & Cast:** tops go to bottom, line edges up towards top

**3. Corners Cross:** 1<sup>st</sup> s , 2<sup>nd</sup> s

**4.Reel:** on side, mids face ends

CHORUS: round and round and down and up x 2 with hankies

### Speed the Plough - A(AABB)x4

A Chorus - Round and Round & Up and Down



B Figure





# Pershire Stick Dance

stick dance for 8

Tune: Brighton Camp A(AB)x3

*Short sticks*

*Stepping: Single step throughout 4 bar half figures followed each time by 4 bars of short chorus.*

CHORUS - 8 strikes by the right (knapping) while stepping

**1. CROSS OVER** - cross by right, turn right, knapping, cross back same, knapping.

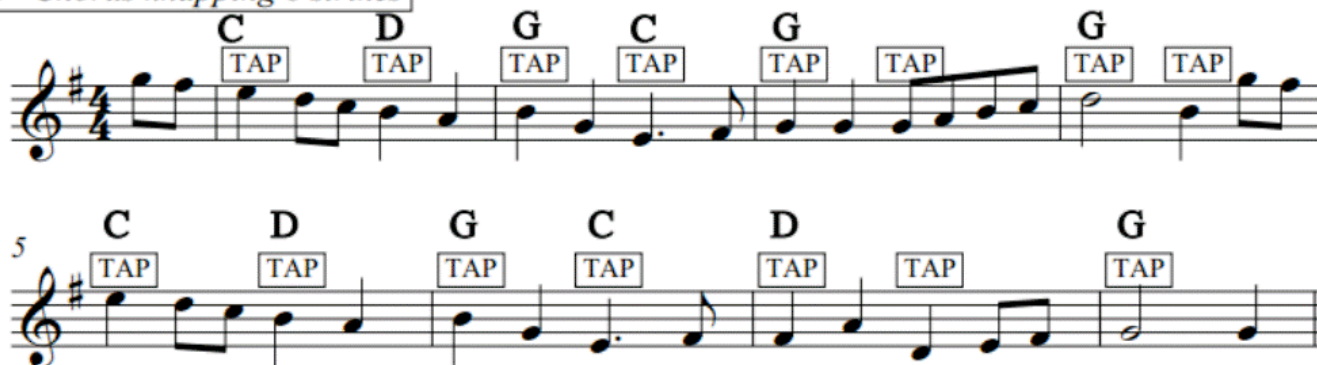
**2. INTO LINE AND CAST** - top pair cast to bottom while others into line by right shoulders: in 2, 4 on spot, out 2, veering up to avoid creeping set. Knapping. Repeat for second half

**3. CORNERS CROSS** - 1st corners cross (2 to cross, 2 to turn), 2nd corners same. Knapping. Repeat for second half.

**4. REEL** - reel of four on each side: middles face ends, pass right to begin. Halfway, then knapping, other half, knapping. End with sticks up on last beat.

## Brighton Camp - A(AB)x4

*A - Chorus knapping 8 strikes*



*B - Figures*



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# Tinner's Rabbit

**stick dance for 3 - audience participation needed!**

(Tune: Uncle Bernard's or LNB Polka)

Tune: LNB Polka A(AB)x7

*Long sticks*

*Stepping: everyone single step for figures, stand still to stick.*

CHORUS - one strikes 2, 2 strikes 3, 3 strikes 1, etc. for a total of 12 strikes, then 3 on the ground.

1. **DANCE ON-** start off to the side, dance on in a line (1, 2, 3) until music tells you, then form anti-clockwise circle

CHORUS

2. **NUMBER 1 FIGURE 8** - number 1 goes between 2 and 3, turns right and does 3 turns of a figure 8, back to place. Person being danced around may dance around on spot, facing the dancer.

CHORUS

3. **NUMBER 2 FIGURE 8** - as above

CHORUS

4. **NUMBER 3 FIGURE 8** - as above

CHORUS

5. **RIGHT HAND STAR** - sticks in and vertical, star until music tells you (**ALT: Tinnners Rabbet in which horizontal sticks are held in LH and small finger holds other stick end to make a triangle**)

CHORUS

4. **LEFT HAND STAR** - left hand **wrist hold** star, **clash with other sets** as you go round.

FINAL CHORUS - as before, but on last count jump to face out with stick in both hands horizontal above head

## A - Figures

## The LNB Polka AKA La Roulante



## B - Chorus - sticking



Melodeons play C $\sharp$  on the G row

## Tinner's Rabbit cont'd

stick dance for 3

Tune: Uncle Bernard's

melody

### Uncle Bernards - A(AB) x7

**A Figure**

5

**B chorus - sticking**

9

13

# Twiglet

## stick dance for 5

### Tune: Theme Vannetais - As for verses, Bs during sticking

[MUSIC - play an extra A part during Weave & extra B part during Aardvark so watch dancers and its quite straightfoward! Only ever play B part during sticking

#### Long sticks

Stepping: single step throughout, keep stepping during chorus. [NB 2 & 4 have least to do

1. **CROSS OVER** - 1, 2, 3 and 4 cross over to the opposite corner, passing to right of 5 (who steps in place) and turning so as to brush bottoms against 5 and back up into corner. Repeat x4.

CHORUS - All: strike butts on floor, then 5 & 1: clash twice, 2 & 3 clash once and **4 brandish**. Repeat total of 8 times (clashing pattern turns 1/4 turn anti-clockwise each time, so 2nd time: 5 & 4 twice, 1 & 2 once, **3 brandish**, etc.) [brandish=stick in air & holler if 5's left shoulder faces you. **Always clash twice with no 5! Only once with corners**]

2. **REELS** - 1, 5 & 3 reel, starting with 1 & 5 passing right, until back to place, then 2, 5 & 4 reel, starting with 4 & 5 passing right.

CHORUS - B Music

3. **WEAVE** - 4 & 2 step in place throughout, spinning as they are passed by: 1, 5 & 3 form line and follow 1 (right) around 2 to start sheepskin hey: 1 stops in middle, 5 & 3 continue between 1 & 2, around 1, between 1 & 4 and around 4, 1 tags on at the end of the line as it passes. After rounding 4, 5 (who is in the lead) stops in the middle, 3 & 1 pass between 5 and 4, etc. (obviously, this is impossible to learn through reading, so you'll have to learn it at Freaks) Repeat this until all 3 dancers have been the middle person, then 1 goes straight back to place on the next pass while 5 & 3 twiddle around each other back to place. **Extra lot of A music here**

CHORUS - B Music

4. **CROSS AND PASS** - Like cross over, except you cross to opposite corner 1st time, then squarely accross set with partner the second, then to opposite coner, then accross with partner. Makes a bow-tie shape. Meanwhile, 5 slips out of the near-collision in the middle each time and does a big figure 8 around the whole set to be back in time to start.

CHORUS - B Music

5. **SURREEL** - 1 & 2 link up, 3 & 4 link up and start linked hey with 5 passing 1 by right. (two steps in to link, two steps out and back for space, start hey on five) Reel until home and form straight line, top to bottom 1, 2, 5, 4, 3.

6. **AARDVARK** B Music x2 - 1 peels off over left shoulder to make anticlockwise big half circle back to opposite end of line in 4 steps while 2 & 5, 4 & 3 clash 4 times. 2 (who is now at top) peels off likewise while 5 & 4, 3 & 1 clash 4 times. Continue until 1 is back at the top, then one begins slow rounds, joined by others as they fall off the end of the Aardvark. Last person clashed ground 4 times (since they have no one to clash with) before joining rounds and off. **Extra lot of B music here**

ROUNDS AND OFF - A Music - see above.

#### Melody

### Theme Vannetais - extra B part in Aardvark

#### A - Figures



#### B - Chorus - Sticking





# Upton Upon Severn Hanky Dance

## hanky dance for 6

### Tune: Bonnets o' Blue A(AB)x12

[NB danced twice but 2nd time at an angle - the music just loops around]

*Stepping: single step throughout. Hankies go down and up. Continuous figures*  
**NO CHORUS!!**

1. **MORRIS Rounds** - everyone turn over right shoulder, once round
2. **BACK TO BACK RIGHT** - 16 beats, on the spot for any extra
3. **BACK TO BACK LEFT** - as above
4. **CROSS AND TURN** - cross right shoulder, turn right
5. **THREE TOPS HEY** - middles go left
6. **UPTON HEY** - in at the ends, out in the middle
7. **ANGLES - BtBR**: 1 with 6 in middle, 2 with 4 and 3 with 5 on ends. (Set essentially turns 60 degrees clockwise)
8. **BACK TO BACK LEFT** - as above
9. **CROSS AND TURN** - as above
10. **THREE TOPS HEY** - as above
11. **UPTON HEY** - as above
12. **MORRIS Rounds** - everyone turn over right shoulder, once round, but: End on 4 plain capers with big outward circle arms

### Bonnets o' Blue - A(AAB)A

The musical notation for 'Bonnets o' Blue' is presented in five staves. The key signature is one sharp (F#), and the time signature is 6/8. The melody is written on a treble clef. Chords are indicated by letters G, D, and C above the notes. Starred bars (melodeons) are marked above the D notes on the 2nd, 5th, 10th, 14th, and 18th measures. The notation is as follows:

Staff 1: G (1st measure), D\* (2nd measure), G (3rd measure), D (4th measure)

Staff 2: G (5th measure), D\* (6th measure), G (7th measure), D (8th measure), G (9th measure)

Staff 3: D (10th measure), D (11th measure), D (12th measure), D (13th measure), G (14th measure), C (15th measure), G (16th measure), D (17th measure)

Staff 4: C (18th measure), G (19th measure), D\* (20th measure), G (21st measure), D (22nd measure)

Staff 5: G (23rd measure), D\* (24th measure), G (25th measure), D (26th measure), G (27th measure)

\* Melodeons play starred bars on D row

# Upton Upon Severn Stick Dance

## stick dance for 6

Tune: Upton Stick Dance Tune A(ABB)x6, A

*Long sticks*

*Stepping: two singles and a double. End each chorus with three stamps. Keep figures as big as possible.*

**1. MORRIS** - start with sticks high in a tipi shape. Stamp LRL, lower sticks and spread out quickly into big rounds.

CHORUS - 1st & 4th time: tips & butts, 2nd & 5th: quarterstaffs (left hand down) 3rd & 6th: fencing. 8 strikes while standing still, then a 9th strike on the first beat of an individual circle round to the left.

**2. BACK TO BACK RIGHT** - pass round by the right (4 bars) and on the spot (4 bars)  
CHORUS

**3. BACK TO BACK LEFT** - as above, but by left.  
CHORUS

**4. CROSS AND TURN** - a figure 8 across the set: cross over passing right, turn right, sharp turn left. On return, pass right shoulder and turn right to face.  
CHORUS

**5. THREE TOPS HEY** - a hey for 3 at either end of the set. Ends back off while middles go left into hey, starting with 3 passing 2 and 4 passing 5 by the right shoulder first.  
CHORUS

**6. UPTON HEY** - spacious hey with pairs coming in at the ends and apart in the middle.  
CHORUS

**7. MORRIS** - rounds, sticks low. End with sticks high in tipi on last beat, count 4 and drop sticks on 5, scattering in all directions.

[NB reverse of start with the sticks, with no 1 leading the stick lowering/raising.]

## Upton Stick Dance - A(A2.B).A

### A - Figures



### B Chorus - sticking



# Welly Boot

## stick dance for 5

Tune: Welly Boot A(AB)x5

*Long sticks*

*Stepping: single step throughout, except during sticking. 4 in a square, numbered anticlockwise from top left, with 5 in the middle.*

**1. HALF ROUNDS** - middle holds stick straight up while corners circle once to left, clashing middle, and return other way.

CHORUS - middle person and 1 strike butts on ground behind and tips together, middle repeats with 2, 3 & 4 in turn (clashing butts twice with last person). Hey: (everyone single stepping throughout) middle changes places with 1 by right shoulder, 1 with 2, 2 with 3 and 3 with 4, who ends up middle.

**2. HALF GYP** - corners half gyp by right across set, then by left up and down. Middle ad libs

CHORUS

**3. WHOLE GYP** - as half gyp above.

CHORUS

**4. BACK TO BACK** - as half gyp and whole gyp.

CHORUS

**5. WHOLE ROUNDS** - as half rounds, but **twice** round to left.

CHORUS + extra chorus with first **3 corners spinning** over left shoulder after clash. Sticks in **tipi** over middle person on last beat. DO NOT drop sticks in manner of Upton Stick ending.

melody

## The French Tune A(AB) x5

A - Figures



B - Chorus - Sticking



# White Ladies Aston

## stick dance for 8

Tunes: *Whitehaven Volunteer, Rub-a-Dub (Lord of the Dance)*

Tune: *Whitehaven Volunteer, A(AABB)x5,AA*

*[NB starts & ends with chorus]*

*Short sticks*

*Stepping: Single step throughout*

CHORUS - Bit on the side. Progressive half hey on the side: 1 & 2 face up, all others face down. 1 & 2 pass right with 3 & 4 first and work their way down. Everyone pass 3 people total, then 8 clashes by right with partner across (knapping)

**1. ROUNDS AT THE TOP** - Top 4 circle left in 8 steps, sticks vertical in middle, while bottom 4 knapping for 8. Reverse roles, x 2.

CHORUS

**2. CROSS OVER** - cross over by right shoulders, turning right into partner's place on beat 7 & 8. Knapping for 8. Repeat back to place.

CHORUS

**3. PROCESS UP AND BACK** - all face up and single step. Each couple starting with 7 & 8, take 4 to move up the middle and 4 to return to place

CHORUS

**4. LINKED HEY** - Pairs link up and hey as in Chorus, i.e. progressive. Plenty of time, don't rush it. *Extra turns at ends*. Knapping until end of phrase if necessary.

CHORUS

**5. CHARGE UP** - all face up. Each pair, starting with 7 & 8, take 4 to charge up (bellowing) and 4 to shuffle into top place, while others shuffle back continuously to make room.

CHORUS - end with sticks up on last beat of knapping.

## Whitehaven Volunteer A(AABB)x5, AA

A - Chorus - Bit on the Side & Knapping

4 C G D G C G

9 B - Figures G G G D

14 G C G G

NB starts and ends with Chorus

# White Ladies Aston cont'd

Tunes: Rub-a-Dub, Lord of the Dance

A(2A2B)x5,2A

## Lord of the Dance - A(2A2B)x5,2A

A - starts & ends with a chorus



B - Figures



## Rub-a-Dub





# Worcester Hey

stick dance for 6

Tune: Jump at the Sun A(AAB)x4

[NB starts with chorus]

*Long sticks -*

*Stepping: single step throughout - remember hey shoulder and star shoulder, and nb these are reversed half thru' dance.*

**1. WORCESTER HEY** - 8 beats for tops to *head down* centre, circle 3/4 over outside shoulder to face in, while others turn sharply over bottom shoulder to take 2 steps out, two up, two in and two on the spot. Repeat until tops are back at the top, then sticking: tips and butts for 8. *If in doubt, when there are no couples on your outside shoulder, then head down the centre! Evens swap stick hands B4 doing star!*

**2. STARS** - tops cast up and out to lead into quick star once round, then 8 clashes as above. Use

**3. WORCESTER HEY**

**4. HALF ROUNDS** - everyone turn over right shoulder into rounds halfway, sticking.

**Set is now upside-down.**

Repeat dance in new orientation, i.e. tops (at bottom) now lead Worcester Hey up set, etc. *Odds swap stick hands B4 doing star!*

End with last Worcester Hey, but top couple leads off instead of turning to face.

melody

## Jump at the Sun in E min

John Kirkpatrick

The musical notation is for the melody 'Jump at the Sun' in E minor, 6/8 time. It consists of four systems of music. The first system has a treble clef and a key signature of one sharp (F#). The melody is written on a single staff. Chords are indicated above the notes: Em, Bm, Am, Bm, Em. The second system starts with a measure rest of 5 measures, then continues with the melody. Chords are indicated: Em, Am, Bm, Em. The third system starts with a measure rest of 9 measures, then continues with the melody. Chords are indicated: Em, B, Em, Bm. The fourth system starts with a measure rest of 13 measures, then continues with the melody. Chords are indicated: Em, B, Em, A, B, Em. Starred notes indicate specific melodeon techniques.

Melodeons play on D row. B♭ can be found on system 1 top button D row push  
starred notes play on G row

*booklet produced by Richard Benson*

***notes:***

- Have Fun
- Smile
- Try not to bump into anyone
- When you get muddled, keep dancing & get back to your starting place
- If you are playing then good luck and don't forget to breathe,
- and DON'T PLAY TOO FAST!
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